

Are you looking for some peace and quiet,
a sacred space, some time to be?



A Quiet Day for Lent

on

'Hunger and Hope'

Led by Mary Lean and Revd Georgie Simpson
of the Oxford Centre for Spiritual Growth

Saturday 13th March 2010

10.30 am to 4.30 pm

The Priory, Begbroke, Oxford
(Parking available or regular bus service)

Everyone is welcome.

Advance booking recommended. Cost £15.

Contact: Revd Georgie Simpson

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'Hunger and Hope'

Saturday, 13th March 2010

10.30 am to 4.30 pm

An opportunity to think about spiritual hunger with faith, expectation and, above all, hope. Enjoy some reflective time and space. Explore your faith at a deeper level, or simply be at ease with yourself in a calm and tranquil and beautiful environment.

Programme for the day:

10.30 Arrival, registration, tea/coffee

Introduction

Short time of worship for stillness

First meditation followed by quiet time

(Relax with a variety of resources - music, poetry, visual and creative materials - which will be available to you during the day.)

12.30 Lunch

1.15 Second meditation, followed by quiet time, free for reflection and use of resources.

2.45 Drawing threads together followed by quiet time, free for reflection and use of resources.

3.45 Eucharist in the Chapel

4.15 Tea

Tea, coffee and water will be available throughout the day.
Please bring your own packed lunch.